



# MIDDLE EAST, MEDITERRANEAN & AFRICA CARDIOVASCULAR CLINICAL TRIALISTS FORUM

Pyramisa Suites Hotel Cairo - Egypt

19-20  
SEPTEMBER  
2019

## Thursday, 19 September 2019

### LATEST GAME CHANGER CV CLINICAL TRIALS

### DAY I

### Main Hall

In this section, international trialists will present an overview of the latest trials (both drug and interventional), in CV respective sub-specialty areas and a panel of 3 regional academic faculty members and one industry speaker will discuss potential implementation issues of the results of these trials in different MEMA regions (Middle East, North Africa, Sub Saharan Africa and Minor Asia), potentially highlighting regional registry and observational data.

### 11:00-12:10 Hypertension: Diet, Drugs, Devices

### Main Hall

#### Chairpersons:

Faiez Zannad, USA

Fouad El Nawawy, Egypt

Omer Goktekin, Turkey

Tamer Mostafa, Egypt

Wael Almahmeed, UAE

### 11:00-11:10 International viewpoint

Faiez Zannad

Boston, USA

### 11:10-11:20 Is the use of generics the main obstacle for the non-control of hypertension in Africa?

Salem Abdessalem

Tunis, Tunisia

### 11:20-11:30 Is there a need for African guidelines for the control of hypertension?

Albertino Damasceno

Maputo, Mozambique

### 11:30-11:40 Hypertension in the Middle East

Tarek El Zawawy

Alexandria, Egypt

### 11:40-11:45 Renal Denervation

Medtronic

### 11:45-11:50 Industry Perspective

Mohamed Yehia

Bayer

### 11:50-12:00 Industry Perspective - Non-Communicable Diseases Burden in Egypt

Ashraf Shehata

Pfizer

### 12:00-12:10 Discussion



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### 12:10-13:20 Heart Failure: Latest International and Regional Data Main Hall

#### Chairpersons:

Anastase Dzudie, Cameroun

Ayman Saleh, Egypt

Mahmoud Hassanein, Egypt

Mohamed Sobhy, Egypt

Wolfgang Koenig, Germany

### 12:10-12:20 International viewpoint: Hot Results in HFpEF and HFrEF (PARAGON and DAPA-HF)

Faiez Zannad

Boston, USA

### 12:20-12:30 Insights from the Tunisian registry on heart failure (NATURE-AF)

Leila Abid

Sfax, Tunisia

### 12:30-12:40 The PEACE MENA Registry

Habib Gamra

Monastir, Tunisia

### 12:40-12:50 Insights from Sub-Saharan Africa: The THESUS-HF Registry

Anastase Dzudie

Douala, Cameroun

### 12:50-13:00 Industry Perspective

Gehan Ramadan

Novartis, Egypt

### 13:00-13:20 Discussion

### 13:20-14:00 Coffee Break

OFFICIAL OPENING



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### 14.00-15.10 Diabetes and Cardiorenal outcomes trials

Main Hall

#### Chairpersons:

Ashraf Reda, Egypt

Mirvat AlAsnag, KSA

Habib Gamra, Tunisia

Samir Naeem, Egypt

Nabil Elkafrawy, Egypt

### 14:00-14:10 Metabolic Health in the Middle East and North Africa

Davood Khalili

Tehran, Iran

### 14:10-14:20 Endocrinologist viewpoint

Ines Khochtali

Monastir, Tunisia

### 14:20-14:30 Cardiologist perspective

Wael Almahmeed

Abu Dhabi, UAE

### 14:30-14:40 Cardiorenal perspective

Faiez Zannad

Boston, USA

### 14:40-14:50 Industry perspective

Afshin Salsali

Boehringer, Germany

### 14:50-15:10 Discussion

### 15.10-16.20 Atherosclerosis and Dyslipidemia Trials and Implementation Issues

Main Hall

#### Chairpersons:

Atef Elbahry, Egypt

Leila Abid, Tunisia

Elsayed Farag, Egypt

Wolfgang Koenig, Germany

Ibrahim Ali Toure, Niger

### 15:10-15:20 International viewpoint

Wolfgang Koenig

Munich, Germany

### 15:20-15:30 Middle East experience

Ashraf Reda

Menoufia, Egypt

### 15:30-15:40 North Africa experience

Mohamed El Alamy

Casablanca, Morocco

### 15:40-15:50 Insights from Sub-saharan Africa

Abdoul Kane

Dakar, Senegal

### 15:50-16:00 Industry perspective

Hala Ramzy

SANOFI, Egypt

### 16:00-16:20 Discussion





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16.20-16.40 Lunch

16:40-17:50 **Coronary Artery Disease . Peripheral Artery Disease. NOACS  
and Interventional Therapy**

Main Hall

### Chairpersons

Ahmed Suliman, Sudan

Albertinho Damasceno, Mozambique

Hany Ragy, Egypt

Hazem Khamis, Egypt

Mohamed Balghith, KSA

16:40-16:50 **International viewpoint**

Wolfgang Koenig

Munich, Germany

16:50-17:00 **Interventional cardiology latest trials**

Mohamed Sobhy

Alexandria, Egypt

17:00-17:10 **Coronary Artery Disease in the Middle East**

Mirvat AlAsnag

Jeddah, KSA

17:10-17:20 **Interventional cardiology in North Africa**

Habib Gamra

Monastir, Tunisia

17:20-17:30 **Insights from Sub-Saharan Africa**

Elijah Ogola

Nairobi, Kenya

17:30-17:40 **Industry perspective**

Bayer

17:40-17:50 **Discussion**



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### 17:50-19:00 Atrial Fibrillation. Ablation and Stroke Prevention

Main Hall

#### Chairpersons:

Abdoul Kane, Senegal

Hesham Salah, Egypt

Magdy Elmasry, Egypt

Mehmet Birhan, Turkey

### 17:50-18:00 Latest and ongoing electrophysiology and anti-thrombotic trials

Faiez Zannad

Boston, USA

### 18:00-18:10 How best to implement drug therapy?

Hany Ragy

Cairo, Egypt

### 18:10-18:20 AF ablation best practices in the Middle East

Mohamed Sanhory

Alexandria, Egypt

### 18:20-18:30 DOACs vs Warfarin in limited resources countries

Saad Subahi

Khartoum, Sudan

### 18:30-18:40 Industry Perspective

Sherif Hafez

Pfizer, Egypt

### 18:40-19:00 Discussion



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## Friday, 20 September 2019

### LATEST GAME CHANGER CV CLINICAL TRIALS DAY II Main Hall

#### 09:00-10:10 Arrhythmias and Sudden Death Main Hall

##### Chairpersons:

Hesham Aboul Enein, Egypt

Moataz Zaki, Egypt

Sameh Emil, Egypt

Salem Abdessalem, Tunisia

Tarek El Zawawy, Egypt

#### 09:00-09:10 International viewpoint

Mehmet Birhan

Izmir, Turkey

#### 09:10-09:20 Burden and management of arrhythmias and sudden cardiac death in the Middle East

Hayam El Damahoury

Ain Shams, Egypt

#### 09:20-09:30 Experience from Turkey

Mehmet Birhan

Izmir, Turkey

#### 09:30-09:40 The PASCAR initiative on the reuse of pace makers in Africa

Mahmoud Sani

Kano, Nigeria

#### 09:40-09:50 Industry Perspective

Medtronic

#### 09:50-10:10 Discussion

### 10:10-11:10 Rheumatic Fever/ Valve Disease - Preventive Strategies (PASCAR Session) Main Hall

##### Chairpersons:

Elijah Ogola, Kenya

Faiez Zannad, USA

Habib Gamra, Tunisia

Mahmoud Sani, Nigeria

Mohamed Sobhy, Egypt

Saad Subahi, Sudan

#### 10:10-10:20 Strategies to eradicate rheumatic fever in Africa

Sulafa Ali

Khartoum, Sudan

#### 10:20-10:30 Strategies in the Middle East

Alaa El Ghamrawy

Mansoura, Egypt

#### 10:30-10:40 Strategies in North Africa - Tunisian Experience

Habib Gamra

Monastir, Tunisia

#### 10:40-10:50 Surgical Management of Rheumatic Valve Disease in Africa

Mohamed Elfiky

Ain Shams, Egypt

#### 10:50-11:10 Discussion





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11:10-11:30

BREAK

11:30-14:00

Pediatric and Structural Heart Disease

Main Hall

### Chairpersons:

Amal El Sisi, Egypt

Ines Kochtali, Tunisia

Mohamed Al Alami, Morocco

Mohamed Sobhy, Egypt

Nabil Farag, Egypt

Salim Ben Khedda, Algeria

### Regional implementation

11:30-11:40

**Left Atrial Appendage Closure**

Habib Gamra

Monastir, Tunisia

11:40-11:50

**TAVI in the Middle East**

Mohamed Balghith

Riyadh, KSA

11:50-12:00

**Interventions for Congenital Heart Disease**

Azza Elfiky

Ain Shams, Egypt

12:00-12:10

**Percutaneous Mitral and Tricuspid Valve Repair**

Omer Goktekin

Istanbul, Turkey

12:10-12:20

**Industry perspective**

Medtronic, Egypt

12:20-12:40

**Discussion**

12:40-13:00

Coffee Break



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## DAY II THE REGULATORY SUMMIT MULTI-STAKEHOLDERS FORUM

At this half a day session key official from governments' officials, regulatory agencies in the region, as well from the European Medicine Agency (EMA) and the US Food and Drug Administration (FDA), experts from major pharma and CROs, members of ethics committees, international advisors and key experienced investigators will report back to the general audience discussing with all, in an open forum format, the recommendations they have reached on Day 1 "Regulatory Summit".

**13:00-16:20**      **Roadmap for Reform – Harmonization of the Regulatory Framework.**      **Main Hall**  
**Plenary Session**

**Moderators:**

Faiez Zannad, Nancy, France

Habib Gamra, Monastir, Tunisia

Mohamed Sobhy, Alexandria

**13:00-15:00**      **Reports and discussion of recommendations reached**      **Main Hall**  
**on Day 1 Regulatory Summit - Reforming the regulatory framework**

**IMPORTANT: Presentation time includes discussion for each topic**

**13:00-13:20**      **Bioequivalence studies: Securing quality grade generic drugs?**  
Maciej Kostrubiec, EMA

**13:20-13:40**      **Informed consent issues**  
Rana Musa Al-ali Malkawi, Jordan

**13:40-14:00**      **Clinical trials review boards issues**  
Ashraf El Fiky, USA

**14:00-14:20**      **Final version of the new research law and sample transfer**  
Dina Shokry, Egypt

**14:20-14:40**      **Non-interventional (observational) studies.**  
Ines Fradi, Tunisia

**14:40-15:00**      **Mechanisms for sponsors to provide long-term post-trial access to trials treatments  
proven beneficial**  
Moez Ben Ali, France





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**15:00-16:00**      **The CVCT Forum: Moderated multi-stakeholder discussion**      **Main Hall**  
**Is there any chance that the Region may move to an overarching unified regulatory framework?**

Abdelrahman Zekry (Egypt), Anne Cecile Bisseck (Cameroun), Ashraf Elfiky (USA), Aymen Garaali (Tunisia), Azza Saleh (Egypt) Bartlomiej Piechowski-Jozwiak (UAE), Basma Hammad (Egypt), Beno Nyam Yakubu (Nigeria), Chokri Jeribi (Tunisia), Dina Shokry (Egypt), Ghizlane Lyamani (Morocco), Ines Fradi (Tunisia), Maha Ghanem (Egypt), Maciej Kostrubiec (EMA), Manal Milhem (USA), Margaret Mafe (Nigeria), Meriem Kadri (Tunisia), Michael Nabil (Egypt), Moez Ben Ali (France), Mosaad Morsi (Egypt), Nihal Habashi (Egypt), Ossama Badary (Egypt), Radwa Mehanna (Egypt), Rana Musa Al-ali Malkawi (Jordan), Souad Dziri (Tunisia), Tamer Essam (Egypt), Walid Zaher (UAE)

**16:00-16:20**      **Closing Remarks**

Faiez Zannad, Nancy, France  
Habib Gamra, Monastir, Tunisia  
Mohamed Sobhy, Alexandria